

## Delivering Relief in Emergencies (5 days)

*Saving lives and protecting livelihoods through relief assistance*

### *Course overview*

This course aims at presenting the chronological steps to be undertaken when planning and implementing a relief intervention. The course covers the main approaches of emergency relief, including an introduction to nutritional assessments, and focuses on the planning and implementation of various types of relief interventions.

Relief Interventions aim primarily at saving lives and protecting livelihoods at immediate risk. This is achieved by providing access to the economic goods essential for the survival of the targeted population when they can no longer obtain these by their own means.

A relief intervention consists of the distribution of one of the following main items, or a combination thereof: food, essential household items (EHI), seeds and tools, cash, vouchers, in-kind grants, veterinary vaccines and drugs and animals.

### *Who should attend*

The course will benefit in particular:

- Programme coordinators
- Key field and HQ staff involved in relief operations
- Heads of office and managers

### *Learning Objectives*

At the end of the course, participants have understood the use of various relief means and techniques and are able to plan and implement a relief intervention.

### *Course programme*

The training course is based on a series of modules which can be adapted to the requirements of the course participants.

The emphasis is put on practice/exercises:

- Group-work
- Brainstorming
- Questions and answers
- Role play
- Simulation
- Short presentations

The course includes presentations by representatives of major international relief organisations based in Geneva and a visit of the International Red Cross and Red Crescent Museum.

Day 1	<p><b>Part 1. Main concepts and approaches of emergency relief</b></p> <ul style="list-style-type: none"> <li>• Introduction to relief interventions</li> <li>• From needs assessment to relief response and distribution</li> <li>• From relief to recovery: the crisis scheme</li> <li>• How to assess the nutritional situation</li> </ul>
Day 2	<p><b>Part 2. Types of assistance: What to distribute</b></p> <ul style="list-style-type: none"> <li>• Relief commodities &amp; services</li> <li>• Seeds &amp; tools</li> <li>• Livestock support</li> <li>• Cash and vouchers</li> <li>• Food and Essential Household Items (EHI)</li> </ul>
Day 3	<p><b>Part 3. How to implement a distribution of goods</b></p> <p>Step 1: Selection &amp; Registration of Beneficiaries</p> <p>Step 2: Ordering commodities</p> <p>Step 3: Planning the distribution</p> <p>Step 4: Preparation of distribution</p> <p>Step 5: Distribution in the field</p> <p>Step 6: Short distribution report</p>
Day 4	<p><b>Part 4. How to carry out a relief programme with cash and vouchers</b></p> <ul style="list-style-type: none"> <li>• What, when, and why transfer of cash/vouchers</li> <li>• Advantages and disadvantages of cash transfer and vouchers</li> <li>• Assessing the appropriateness of using cash and vouchers</li> <li>• Implementing programmes with cash and vouchers</li> </ul>
Day 5	<p><b>Part 5. Monitoring a relief programme</b></p> <ul style="list-style-type: none"> <li>• Organising and implementing post-distribution monitoring (PDM)</li> <li>• Discussion with representatives of relief agencies</li> <li>• Visit of International Red Cross/Red Crescent Museum</li> </ul>

*Individual consultations* Participants can obtain an individual consultation from the trainer during or after course on how to further develop a project of their own.

*Course venue* Please check the course dates at the NMS website.